**Table 1: Comparison of sleeping problems and demographic characteristics**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Total | Sleeping Problems | |  |
| **Characteristics** |  | Yes | No | P |
|  | n=9,110 | n=4,394 | n=4,716 |  |
| **Income** | % | % | % |  |
| Difficult all of the time/impossible to manage | 10 | 13 | 7 |  |
| Difficult some of the time | 22 | 24 | 20 |  |
| Not too bad/easy | 68 | 63 | 73 | <0.001 |
| **Marital status** |  |  |  |  |
| Married/defacto | 74 | 75 | 75 |  |
| Separated/divorced/widowed | 23 | 23 | 22 |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Never married | 3 | 2 | 3 | 0.519 |
| **Residential address** |  |  |  |  |
| Urban | 39 | 39 | 39 |  |
| Rural/remote | 61 | 61 | 61 | 0.517 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| BMI |  |  |  |  |
| Underweight: BMI <18 kg/m2 | 1 | 1 | 1 |  |
| Healthy weight: BMI 18 – 25 kg/m2 | 35 | 33 | 36 |  |
| Overweight: BMI >25 kg/m2 | 34 | 33 | 35 |  |
| Obese: BMI >30 kg/m2 | 30 | 33 | 28 | <0.001 |